

ALT2SU PEER GROUPS

NOVEMBER 2025

www.lelan.org.au/alt2su-groups



MONDAY

- 3/11
7pm Open Online
- 10/11
7pm LGBTQIA+ Online
- 17/11
7pm Open Online
- 24/11
7pm LGBTQIA+ Online

NO GROUPS ON TUESDAYS

WEDNESDAY

- 5/11
7pm Minor Works 'Loft' (Adelaide)
- 12/11
7pm Minor Works 'Gallery' (Adelaide)
- 19/11
7pm Minor Works 'Loft' (Adelaide)
- 26/11
7pm Minor Works 'Loft' (Adelaide)

NO GROUPS ON THURSDAYS

FRIDAY

- 7/11
8pm Friday Night Open Online
- 14/11
2:30pm ARC (Mile End)
8pm LGBTQIA+ Friday Night Online
- 21/11
8pm Friday Night Open Online
- 28/11
2:30pm ARC (Mile End)
8pm LGBTQIA+ Friday Night Online

NO GROUPS ON WEEKENDS

free, anonymous & confidential | no registration or referral | no risk assessment

A place to connect and talk about our experiences of distress - including thoughts of suicide - without judgement and to make meaning of our experiences.

LELAN's Alt2Su groups are supported by funding from Preventative Health SA and additional contributions from LELAN.

