

ALT2SU PEER GROUPS

OCTOBER 2025

www.lelan.org.au/alt2su-groups



MONDAY

A place to connect and talk about our experiences of distress - including thoughts of suicide - without judgement and to make meaning of our experiences.
free, anonymous & confidential | no registration or referral | no risk assessment

6/10 PUBLIC HOLIDAY
7pm Open Online

13/10
7pm LGBTQIA+ Online

20/10
7pm Open Online

27/9
7pm LGBTQIA+ Online

NO GROUPS ON TUESDAYS

WEDNESDAY

1/10
7pm Box Factory (Adelaide)

8/10
7pm Box Factory (Adelaide)

15/10
7pm Box Factory (Adelaide)

22/10
7pm Box Factory (Adelaide)

29/10
7pm Box Factory (Adelaide)

NO GROUPS ON THURSDAYS

FRIDAY

3/10
2:30pm ARC (Mile End)
8pm LGBTQIA+ Friday Night Online

10/10
8pm Friday Night Open Online

17/10
2:30pm ARC (Mile End)
8pm LGBTQIA+ Friday Night Online

24/10
8pm Friday Night Open Online

31/10
2:30pm ARC (Mile End)
8pm LGBTQIA+ Friday Night Online

NO GROUPS ON WEEKENDS

LELAN's Alt2Su groups are supported by funding from Preventative Health SA and additional contributions from LELAN.



Government of South Australia
Preventive Health SA

