

# ALT2SU PEER GROUPS

## SEPTEMBER 2025

[www.lelan.org.au/alt2su-groups](http://www.lelan.org.au/alt2su-groups)



### MONDAY

**1/9**  
7pm LGBTQIA+ Online

**8/9**  
7pm Open Online

**15/9**  
7pm LGBTQIA+ Online

**22/9**  
7pm Open Online

**29/9**  
7pm LGBTQIA+ Online

NO GROUPS ON TUESDAYS

### WEDNESDAY

**3/9**  
7pm Box Factory  
(Adelaide)

**10/9**  
7pm Box Factory  
(Adelaide)

**17/9**  
7pm Box Factory  
(Adelaide)

**24/9**  
7pm Box Factory  
(Adelaide)

NO GROUPS ON THURSDAYS

### FRIDAY

**5/9**  
2:30pm ARC (Mile End)  
8pm LGBTQIA+ Friday Night Online

**12/9**  
8pm Friday Night  
Open Online

**19/9**  
2:30pm ARC (Mile End)  
8pm LGBTQIA+ Friday Night Online

**26/9**  
8pm Friday Night  
Open Online

NO GROUPS ON WEEKENDS

Alt2Su peer support groups offer folks with a lived experience of distress, suicidal thoughts and feelings to connect authentically, without fear of stigma or judgement. We support each other to make meaning of our experiences. Groups are confidential, anonymous & free. No referrals. No risk assessments.