

# JOIN LELAN

LELAN is the independent peak body in South Australia *by, for and with* people with lived experience of mental distress, social issues or injustice. **Our purpose is to amplify the voice, influence and leadership of people with lived experience to drive systemic change.**

LELAN's systemic advocacy targets the mental health and social sectors in South Australia, whilst our thought leadership and expertise on lived experience expertise and leadership is borderless.

## What our members make possible:

- Helps LELAN achieve our vision of mobilising the power of lived experience in South Australia.
- Demonstrates that our community and others believe in our values (courage, compassion, dignity, intersectionality, leadership and social justice), our work, and the way that we do it.
- Creates a community for people with lived experience, particularly consumers, to know they are not alone and that together our voice is stronger.
- Supports us to strengthen the skills, influence, opportunity and passion of people with lived experience to make sense of their experience and explore how to use it for change.
- Makes sure the collective experiences, solution ideas and advocacy of people with lived experience are heard and really do inform practice, policy, service and system improvements.
- Helps organisations wanting to include people with lived experience to do it better.
- Keeps LELAN accountable to our community.

## Benefits of being a member of LELAN:

- Connect with other people with lived experience in both formal and informal ways.
- Help shape LELAN's advocacy and strategic priorities, ensuring we campaign for what matters most to people with lived experience.
- First access to and reduced member rates for workshops, training sessions and other events we host. Some of these are member-only opportunities.
- Individual Members (South Australian consumer only) have voting rights and the potential to become a LELAN Board Member.



*LELAN have broken new ground developing and pushing forward lived experience and leadership, not just in South Australia but across the country. They have done this through education, research, and translation. The work that LELAN have done, including the collaborative, inclusive, and caring way that they have done it, continues to challenge stigma about mental health and distress.*  
[Nomination information from LELAN winning Mental Health Foundation Australia's Mental Health Organisation of the Year 2023 award]

## Membership categories:



### **Individual Member (South Australian consumer only)**

Any person 16 years of age that resides in South Australia, identifies as having personal lived experience of mental distress, social issues or injustice (a consumer) and supports the values, vision, purpose and work of LELAN. These members have voting rights and can nominate to be on the LELAN Board.



### **Associate Member (individual carer, ally or non-South Australian consumer only)**

Any person 16 years of age that identifies as a carer, family, kin or other supporter of choice for a person with lived experience, is an ally to the consumer movement or identifies as a consumer though resides in a state/territory other than South Australia and supports the values, vision, purpose and work of LELAN.



### **Organisational Member**

Groups and organisations that actively support LELAN as the peak body for lived experience in South Australia and their own work, vision and values that align with the purpose of amplifying the voice, influence and leadership of lived experience to drive systems change.

## How to become a member of LELAN:

- To apply to be an Individual Member or Associate Member scan the QR code on the bottom right of this page. Both of these memberships are \$50/y (waged) or \$20/y (unwaged/concession).
- Information about Organisational Membership and related fee's can be requested by emailing [info@lelan.org.au](mailto:info@lelan.org.au).
- All applications will go to the LELAN Board, held every six weeks, for final approval and a 'Welcome Pack' will be sent soon after.

