

**Infographic summary:** *This is a quick snapshot of some key evaluation findings – elaboration and discussion are available in the full Final Report (100-pages) and Quick Read summary (20 pages).*



## Things that are going well:

- Overwhelmingly positive support for the Alt2Su approach and for LELAN’s relational implementation work
- Alt2Su groups offer space to speak about suicidality and life difficulties without fear of a coercive response, build connection and community, make meaning and reduce shame and loneliness
- Principle of “Responsibility to—not for or over” highly valued
- Alt2Su contrasted with risk-averse responses that foreclose space to speak about experiences
- LELAN’s care and responsive support for facilitators



## Challenges:

- Individuals grappled with not taking a risk averse approach in “worst case scenario”
- Need to keep clarifying “duty of care” with organizations and funding bodies
- Attitudinal barriers in the sector
- Concerns about the potential for co-option of the Alt2Su approach as it grows
- Negative experiences in other (risk averse) systems may impact trust in Alt2Su
- Some participants felt contrast between Alt2Su and other approaches overstated; Alt2Su can stand in its own strength

## Evaluation recommendations

1. That long-term, ongoing funding opportunities for Alt2Su be sought, in partnership with existing funders and other stakeholders
2. That LELAN foster more conversations to clarify emerging questions in relation to the Alt2Su approach, in the context of adaptations, sustainability and scalability.
3. That LELAN continue working relationally with funders, stakeholders and services to explore how Alt2Su can be embedded and scaled up, while attending closely to the potential risk of co-optation
4. That Alt2Su training be updated
5. That supports for facilitators continue to be expanded

## Implementation learnings

### Enablers

- Relational approaches to systems change work
- Bravery (including LELAN’s “agitating” work & funders willing to take risks)
- LELAN learning from Alt2Su endeavours nationally, especially negotiating challenges
- Passionate stakeholders actively supporting LELAN’s implementation endeavours
- Alternative/creative approaches to clinical governance
- Holding risk differently, in ways that work for all parties
- Building trust by working through challenges together (rather than just not having challenges)
- Finding “good enough” ways forward rather than waiting for full systems change
- Hearing directly from facilitators/attendees about the impact of Alt2Su
- Actively leaning into new learnings (e.g. revisiting training materials)

### Barriers

- Clinical governance frameworks
- Funding tied to clinical governance frameworks
- Precarity in funding
- Top-down power dynamics
- Small existing evidence base for Alt2Su
- Individual worries about “the worst case scenario”