

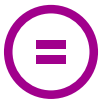
Have you ever thought about suicide?

PEER SUPPORT IS AVAILABLE

'It's important that those in suicidal distress can feel OK with bringing up the topic of suicide without feeling that they will be judged, labelled or stigmatised'

we hear you.

alt2su groups are a place to connect, talk about suicide without judgement & make meaning of our experiences



Responsibility To
not for, or over



Autonomy
prioritising choice



Responses to Injustice
making meaning



Healing in Community
a sense of belonging

Peer Led, Community Driven

- free, anonymous & confidential
- no registration or referral
- no risk assessment
- in-person or online

SCAM TO FIND
A GROUP



LELAN's Alternatives to Suicide (alt2su) project has been made possible by financial support from Wellbeing SA, Adelaide PHN and Country SA PHN and includes monetary contribution from LELAN.



Wellbeing SA



An Australian Government Initiative



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