

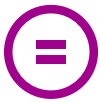
# Have you ever thought about suicide?

PEER SUPPORT IS AVAILABLE

*'It's important that those in suicidal distress can feel OK with bringing up the topic of suicide without feeling that they will be judged, labelled or stigmatised'*

**we hear you.**

alt2su groups are a place to connect,  
talk about suicide without judgement  
& make meaning of our experiences



**Responsibility To**  
not for, or over



**Autonomy**  
prioritising choice



**Responses to Injustice**  
making meaning



**Healing in Community**  
a sense of belonging

## Peer Led, Community Driven

- free, anonymous & confidential
- no registration or referral
- no police check
- in-person or online

SCAN TO FIND  
A GROUP



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