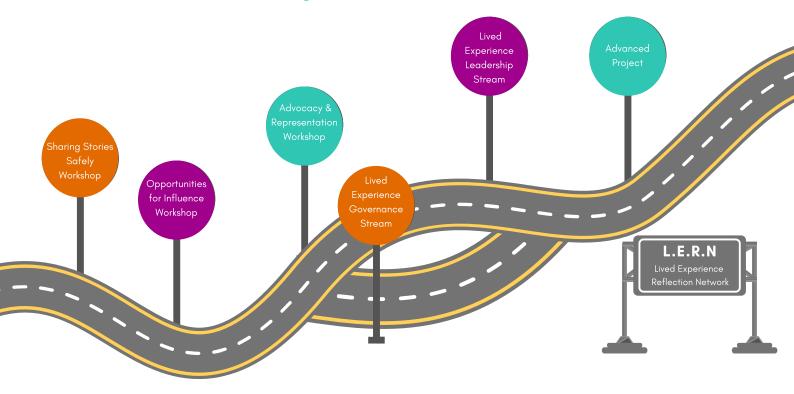
# LIVED EXPERIENCE LEADERSHIP & GOVERNANCE TRAINING

Workshops for people who want to use their lived experience to inform decisions and influence change in the mental health and social service sectors



Design your own fully flexible learning pathway based on your needs, interests, capacity and goals. Stand alone skill based workshops for you to choose from, or complete specific workshop streams to get a certificate in Lived Experience Leadership or Lived Experience Governance, or both!





Consider your pathway options



Check the training calendar

Your pathway to contributing to consumer advisory committees, reference groups, co-design processes, boards or other representative opportunities starts here.



for more information and to register contact Ari via info@lelan.org.au 04319 53526

# LEDGE LEADERSHIP & GOVERNANCE TRAINING FAQ

## Q: Who is running the training?

A: The SA Lived Experience Leadership & Advocacy Network (LELAN) is running these workshops as part of our Lived Experience Development, Governance and Education (LEDGE) Project. LELAN's purpose is to amplify the voice, influence and leadership of people with lived and living experience of mental distress, social issues or injustice to drive change.

#### Q: Who is the training for?

A: The training is designed to be flexible and there are options for everyone; including beginners, people who are just starting to think about using their lived experience for influence and change as well as for people who are already involved.

#### Q: I am not able to commit to the whole program, is that ok?

A: Yes, you can do any of the workshops that interest you or that you have the capacity to do. All workshops will be run multiple times. If you miss a workshop that you wanted to do, you can make it up next time. The Governance workshops must be done in order but all other workshops can be done in any order, any time it is offered.

## Q: Is the training online or face to face?

A: The training is face to face. Online options will be launched in the first half of 2022.

#### Q: Is the training accredited with anyone?

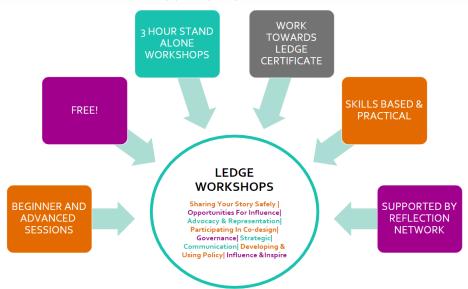
A: While not officially accredited we are working hard to make sure the LEDGE certificates are respected and recognised as high quality and legitimate within the lived experience community and by organisations.

## Q: How much does the training cost?

A: All training sessions are free!

# Q: What strategies are there to make it an accessible and safe (enough) learning environment?

A: There are a range of learning options and workshops to suit everyone. Managing safety and creating inclusive spaces is core component of workshops. Participants are given the opportunity to discuss specific needs in the enrolment process. LELAN and facilitators are trauma informed and safety is considered in all workshops. All venues are accessible and support people are welcome.



# DATES FOR TRAINING

# **SEPTEMBER**

# Friday 24th

- Sharing Stories Safely, 9.30am 12.30pm
- Opportunities for Influence, 1.30pm 4.30pm

# OCTOBER

# Friday 22nd

- Advocacy & Representation, 9.30am 12.30pm
- Participating in Co-Design, 1.30pm 4.30pm

# Tuesday 26th

• Lived Experience Governance A, 10.00am - 12.30pm

# NOVEMBER

## Tuesday 2nd

• Lived Experience Governance B, 10.00am - 12.30pm

# Friday 19th

- Strategic Communication, 9.30am 12.30pm
- Understand & Develop Good Policy 1.30pm 4.30pm

# Friday 26th

• Inspire & Influence, 10.00am – 12.30pm

# Tuesday 30th

• Lived Experience Governance (Risk & Culture), 10.00am – 12.30pm

# DECEMBER

# Friday 3rd

Lived Experience Governance (Financial Responsibilities), 10.00am 12.30pm



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