

Learning from Lived Experience (LfLE) Suicide Prevention Project

Participant Information and Consent Form

About the Learning from Lived Experience (LfLE) Project:

The Learning from Lived Experience (LfLE) Project involves interviewing people and creating sharable video and written content. People interviewed will have lived / living experience of distress that includes suicide attempts, suicidal ideation or the loss of a loved one due to suicide. The conversations will specifically focus on their times of crisis and what helped, harmed or would have helped them the most.

This specific focus was chosen as people often share that service responses in times of crisis are inadequate and, frequently, even compound the distress they are experiencing.

Alternatives to hospital emergency departments and current responses need to be found; we know that people with lived experience have insights and a vital role to play in designing, leading and evaluating them.

In addition to the resources created, information obtained through the project (which includes surveying a broader group of people about their experiences and insights) will be used by LELAN in our advocacy efforts for supporting people in crisis better and influencing improved responses from services and the mental health system.

About the Video Content:

The LfLE Project Team will conduct video interviews throughout April and early May 2020. People may be filmed individually or in pairs, depending on their preference. Filming for each participant is expected to take up to 2 hours on the day.

Video content will take a similar format to the ABC's 'You Can't Ask That' with participants answering targeted questions around their experience. A priority focus of the conversation will be on what helped, harmed or what could have been done better when experiencing distress and/or crisis related to suicide.

LfLE Project Worker (Tanya Blazewicz) will provide peer support leading up to, on, and following the day of filming.

The resulting video footage will be edited to produce materials which may include:

- A short film set to launch Thursday June 25th
- Shorter videos on specific topics
- Audio podcasts
- A suite of printed materials including a written report

These resources will be used by LELAN for suicide prevention advocacy and improving how we support people experiencing mental health distress and crisis. The learnings from the interviews will inform LELANs

future policies and priorities. It is expected that the material will be released online, including on social media, presented at conferences and shared with appropriate stakeholders.

Participants should be aware that transcriptions from the audio captured during their interview could be used in any of the above forms. Participants quotes will be deidentified from written content and, where video footage is used, participants will approve the final edit.

Video and audio captured on the day will remain the property of SA Lived Experience Leadership & Advocacy Network (LELAN). It will be stored on a protected external hard drive and kept on premises at LELAN. Privacy and confidentiality of all participants will be respected. Personal information captured throughout the recruitment and filming process will be stored securely and used only for intended purposes by LELAN staff.

Participants can withdraw their consent at any time throughout production – you are always able to change your mind, whether this is midway through interview or during the editing process. Post launch, you can request to have the material removed from LELAN’s website and social media, however we cannot guarantee that it will not leave a digital footprint.

Interviewee Safety & Wellbeing:

At LELAN, we believe in strengths-based and trauma informed practice. We acknowledge that people with lived experience are skilled individuals with resilience and insight. We believe that participants will know what to do in the event of an emotional crisis, however it is the Project Worker’s responsibility to create a safe space for participants to discuss their individual support needs throughout our contact. This will include reminding participants of their strengths and coping strategies, as well as referring participants to other services should they need assistance.

The Project Worker will also make herself available post interview for telephone conversation, in the event of a “vulnerability hangover” or just to debrief. This will continue until the end of the Project on June 30th.

Participants will be encouraged to bring a person of their choice on the day of filming. However, this is not mandatory.

I have read the above and agree to

1. Participate in the video interview
2. LELAN editing and distributing the recordings by any means, for all time and in any form (including but not limited to video, audio, still photographs and written text) that is related to this project or LELAN's objectives.

Name:

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The name you wish to be known as for the public release of the video and related products:

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Name of person I wish to have with me in this process (voluntary):

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Any accessibility or wellbeing needs LELAN should know about:

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Address

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Phone number:

Email address:

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Date & Signature (this must be co-signed by a legal guardian if the participant is under 18 years):

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