

# PEER EDUCATOR / FACILITATOR

Position title: Peer Educator / Facilitator

Employment type: Voluntary, variable hours based on sessions educators are matched to

Location: Adelaide, South Australia

Reports to: LELAN Executive Director

Date: May 2019 - May 2020

#### **About LELAN:**

The SA Lived Experience Leadership & Advocacy Network (LELAN) was founded in 2017 to provide a way for people with lived experience of mental health issues to have a voice and collectively influence and lead change in South Australia. It became an incorporated association in late 2018 and our first funding was granted in March 2019 by a South Australian philanthropic foundation.

LELAN is *by*, *for* and *with* people with personal lived experience (consumers) and values the support of carers, allies, other people and organisations who join us in making a difference for how mental health issues are understood and supported in our state.

## LELAN has three areas of focus:

- developing the capability and influence of people with lived experience
- nurturing organisational and sector capacity for engaging with people with lived experience, and
- impacting system improvement agendas to benefit people with lived experience

### This opportunity:

LELAN is committed to developing the skills, knowledge and experience of people with lived experience of mental health issues. We believe that this is an important way to increase the voice, influence and leadership of our community to drive sector and systemic change. A core strategy linked to this objective is to design, deliver and facilitate training, development and reflective sessions for people with lived experience as well as people who work in the mental health sector.

This position will serve as a development opportunity for people with lived experience, consumer and/or carer perspective, who are wishing to expand their skills and experience in this area. They will contribute to the design, delivery and co-facilitation of LELAN's training, development and reflective sessions and have the opportunity to co-facilitate other sessions that LELAN are involved in.

Whilst this is a voluntary position, successful applicants will be mentored to develop their Peer Educator / Facilitator skills by a person who has a rich professional history in the design and delivery of nationally accredited and non-accredited training programs and extensive facilitation experience. They will also receive free access to one of LELAN's other training sessions of their choice.



#### **Duties and responsibilities:**

- support the design, delivery and co-facilitation of training, development and reflective sessions offered by LELAN
- integrate lived experience perspectives and experiences into the design, delivery and cofacilitation of sessions
- inform the development of new or adapted content for sessions
- inform the design and content of promotional material for workshops, etc
- participate in mentoring and peer educator co-reflection sessions to support your development
- ensure the intellectual property of LELAN and our sessions are protected

### Skill and experience requirements:

- lived experience of mental health issues, as a consumer and/or carer
- at least twelve months experience as a lived experience representative, advocate or peer worker
- effective in-person, online and print communication skills
- group facilitation, presentation and/or public speaking skills and experience
- ability to develop supportive, encouraging and engaging relationships with diverse groups
- ability to work independently whilst being part of a team
- commitment to the purpose and values of LELAN

#### **Application information:**

Applications should include: a cover letter addressing each of the skill and experience requirements; a brief resume; and the contact details of two referees.

Further enquiries can be made by emailing <a href="mailto:info@lelan.org.au">info@lelan.org.au</a> or calling Ellie on 0422 888 157. Additional information about LELAN can be accessed at lelan.org.au.

Applications close Friday June 7th, 5pm and must be emailed to info@lelan.org.au.