

Learning from Lived Experience (LfLE) Suicide Prevention Project

Organisation: LELAN | SA Lived Experience Leadership & Advocacy Network

Position title: Learning from Lived Experience (LfLE) Suicide Prevention Project Worker

Employment status: Contract role, one-day per week for six months (SCHCDS Award, Level 4)

Location: Adelaide, South Australia

Reports to: LELAN Executive Director

Contract period: January 13th, 2020 – June 30th, 2020

About the Learning from Lived Experience (LfLE) Suicide Prevention Project:

The Learning from Lived Experience (LfLE) Suicide Prevention Project involves interviewing people and creating sharable video and written content. People interviewed will have lived / living experience of suicide, suicide attempts and/or suicidal ideation and the conversations will specifically focus on their times of crisis and what helped or would have helped them the most.

This specific focus has been chosen as suicide is often talked about generally or historically and people often share that at points of crisis service responses are inadequate and, frequently, even compound the distress they are experiencing.

Alternatives to hospital emergency departments and current responses need to be found; we know that people with lived experience have insights and a vital role to play in designing, leading and evaluating them. In addition to the resources created, information obtained through the project will be used by LELAN in our advocacy efforts for supporting people in crisis better.

The LfLE Project is funded by the South Australian Suicide Prevention Community Grants Scheme and supported by the South Australian Mental Health Commission. It is a six-month project beginning January 2020. A Project Advisory Group (PAG) made of people with lived / living experience will advise and guide the project's implementation.

About the SA Lived Experience Leadership & Advocacy Network (LELAN):

LELAN is *by*, *for* and *with* people with personal lived experience (consumers) and values the support of carers, allies, other people and organisations who join us in making a difference for how distress and mental health issues are understood and supported in our state.

LELAN's purpose is to amplify the voice, influence and leadership of people with lived experience of mental health issues to drive systemic change. The organisation has three areas of focus:

- developing the capability and influence of people with lived experience
- nurturing organisational and sector capacity for engaging with people with lived experience, and
- impacting system improvement agendas to benefit people with lived experience

About the Position

The Learning from Lived Experience (LfLE) Suicide Prevention Project Worker will work with LELAN primarily to coordinate the LfLE Project as described above. Input into other work of the organisation will occur where there is capacity.

Particular care will be taken to ensure that people interviewed are diverse and represent a multitude of experiences. This will mean that steps are taken to ensure Aboriginal and/or Torres Strait Islander people, young people, gender and sexually diverse people, culturally and linguistically diverse people and people from rural or regional communities are included.

To fulfil the requirements of the role the Project Worker will work closely with LELAN's Executive Director and Volunteer Producer. Relationships with external stakeholders will also be important.

Duties and responsibilities:

- Overseeing the LfLE project plan and milestones
- Co-chairing and administrative support of the PAG
- Supporting the active and meaningful involvement of PAG members
- Liaising with people with lived experience and organisations to recruit people to be interviewed
- Liaising with, briefing and supporting people who are being interviewed
- Facilitating the creation of written content
- Supporting the development of a communication strategy for dissemination of video and written content
- Designing, collating and reporting on a survey to inform LELAN's broader advocacy efforts
- Supporting robust evaluation of the project and the involvement of people with lived experience

Skill and experience requirements:

- Lived / living experience of distress, suicide, suicide attempts and/or suicidal ideation
- Demonstrated experience of applying lived experience in a work, advocacy or representative role
- Project work experience that demonstrates strong planning, organisational and problem-solving skills as well as the ability to work independently whilst being part of a team
- Understanding of policy and system level issues in the mental health and/or suicide prevention area and the significance of consumer and carer involvement at all levels of decision-making
- Experience or significant interest in group facilitation and resource development
- Ability to develop supportive, encouraging and engaging relationships with diverse groups
- Qualification in peer work, mental health, community development or related field (or working towards)
- Computer literacy and ability to use Microsoft Office programs
- Commitment to the purpose and values of LELAN

We are committed to inclusion and accessibility for people with lived / living experience and welcome applications from people with: broad distress or mental health experiences (including psychosocial disability); diverse cultural backgrounds (including Aboriginal and Torres Strait Islander people); gender or sexually diverse identities (including trans and non-binary); and/or other disabilities.

Submitting your application:

Applications must include:

- Cover letter addressing each of the skill and experience requirements
- Resume / CV
- The names and contact details of two referee's

Further enquiries can be made by emailing info@lelan.org.au or calling Ellie Hodges, Executive Director, on 0422 888 157. Additional information about LELAN can be accessed at www.lelan.org.au.

Applications close Friday November 29th at 5pm. Please email them to info@lelan.org.au
Interviews for the position will be held the week beginning December 9th, 2019.